

MaPS Flexible Group Benefits Plan – Health, Dental and Spending Account Options

The University gives eligible MaPS employees Flexible Spending Credits


Benefit may be used for employee and eligible dependents.
Provides for reimbursement of medically related expenses not covered by provincial health care or which exceed the plan maximums.

[Wellness Spending Account](#) ('WSA') Taxable
[WSA Claim Form](#)

Benefit is limited to expenses for the employee only. Covers eligible non-medical expenses and wellness related activities which promote the health and wellbeing of the employee.

WSA Examples :
Fitness and Nutrition
Dependent care
Professional Development

(*) "Default Option" will apply if no allocation is made during the enrolment period (i.e., 2 weeks from date of hire or before Jan. 1st of each odd calendar year).



Benefits at a Glance – Management and Professional Staff
Limited Term > 6 months: Full -time or Part -time (0.4 FTE to 1.0 FTE)

Effective July 1, 2024

Basic Life Insurance Coverage and Long- Term Disability Options

100% Employee Paid – Mandatory Participation

Selection of all benefit options must be made at enrolment, regardless of waiting period.
Medical evidence of insurability is required to increase coverage amounts at a later date.

Flexible Spending Credits cannot be used to pay for Life Insurance, Long Term Disability or optional insurance premiums. Premiums for this coverage will be deducted from your pay.



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