

How do I choose a major?

Need help exploring programs? Visit success.ucalgary.ca to book an appointment to meet with an Exploratory Advisor.

<p>Decision to be made</p>	<p>Choose a Degree Program</p>			
<p>Reflect & Connect</p>	<p>It is important to consider if a program meets your personal needs. To do this, notice the following about yourself:</p>			
	<p>Motivators</p> <p>What brought me to university? What excites me about university?</p> <p>Motivators Sheet</p>	<p>Personality</p> <p>What makes me unique? What personality traits guide my decisions?</p> <p>Personality Mosaic</p>	<p>Interests</p> <p>What do I talk about/ read about/ watch in my free time?</p> <p>Interests Inventory</p>	<p>Academics</p> <p>What classes have I enjoyed most? Which assignments am I good at?</p> <p>Academic Successes</p>
<p>Info gathering & Options</p>	<p>Once you know more about yourself, it's time to gather information and determine your options:</p> <p style="text-align: right;">) — (Explore Programs</p> <p style="text-align: right;">) — (Degree Profiles</p> <p style="text-align: right;">) — (Academic Calendar</p>			
<p>Evaluate & Decide</p>	<p>Once you've compared your program choices, it's time to determine which one or two programs you can see yourself pursuing. From there you are ready to take action!</p>			